

THE WESTON TURVILLE



TIMES



Spring



2023 EDITION





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Message from the Editor

Welcome to the spring edition of your community magazine.

A tighter sense of community develops when people are aware of their surroundings and learn to love where they live. Longer and warmer days are ahead, and on this number, we would like to encourage you to get out and about, socialise, enjoy the sunshine and get to know your parish. Within these pages, find detailed information on different footpaths and walks in our parish to get you started, as well as future projects that will impact all of us.

As always, find out the latest news on your parish council, and information about local groups and initiatives you can support. There is plenty going on and something for everyone, from the sunflower and the calendar photograph competitions, to the National Trust members gathering.

Editor

Contributions to the magazine are welcomed subject to space and the Editor's decision on suitability. The copy deadline for the Summer issue is 28th April 2023.

We reserve the right to edit all articles.

The Weston Turville Times is a community magazine for the parish of Weston Turville. It is published quarterly by Weston Turville Parish Council and distributed free of charge to every house and many businesses in Weston Turville. Past editions can be found on the Parish Council website - www.westonturville-pc.gov.uk.

The views expressed in articles are not necessarily the views of the editorial team or the Parish Council. We do not endorse any of the suppliers advertising in the magazine.

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Village Hall, School Approach, Weston Turville
HP22 5RW

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The Local Scout group needs your help!

The 14th Vale of Aylesbury Sea Scout Group based behind the Pace Centre on the Wendover Road are on a fundraising campaign to raise enough money to be able to rebuild our scout hut to continue to serve the local community and the young people.

The building we have been using has been our home since November 1970 and before that used as part of the Hamden Hall Student accommodation also known as The Old Hostel. The building was built during 1940 with little refurbishment or adjustments since

The building hosts 140 young people from the local community of Weston Turville and Stoke Mandeville each week ages 6-18 helping them to learn Skills for life and have a sense of belonging and purpose.



Currently we have raised £250,000 but we estimate that we will need another £100,000 to be able to achieve a full rebuild.

We have a number of different ways you can support us - GoFundMe, Easy Fundraiser & Amazon Smiles

You can keep up to date with how we are getting on via our:

Facebook Page - 14th Vale of Aylesbury Sea Scouts
Website: www.14valeofaylesburyseascouts.co.uk

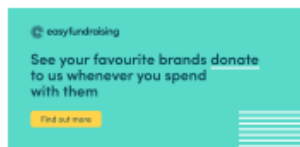


If you want to get in contact with us:

Email: enquiries@14valeofaylesburyseascouts.co.uk



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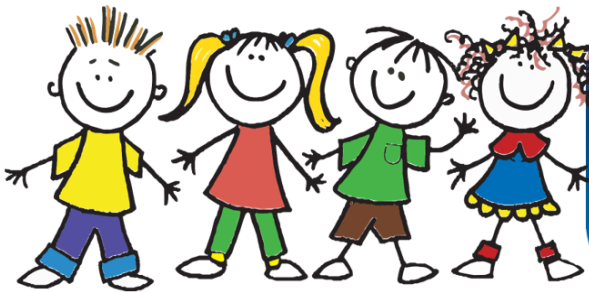
NT members from across the Aylesbury Vale, including several living in Weston Turville, enjoy added value to their national membership through the Aylesbury Centre supporter group. The social activities arranged for 2023 include monthly talks, day excursions, and occasional walks, plus a holiday week in Cheshire in mid-September, visiting NT and other venues. Talks cover a wide range of topics from farming to World War 2 escapes, food and drink in 19th century Oxford, and what happens to your household waste. Five one-day excursions by coach are being arranged including to Ham House (NT) and The Poppy Factory with more detail and booking forms in the Centre's newsletters. There will also be self-drive visits to more local places of interest, and the occasional coffee morning.

Talks meetings are held at Broughton Junior School, Broughton Avenue, Aylesbury, usually on the third Thursday of the month at 8pm, doors open at 7.30, with refreshments provided. Centre members pay a modest entrance fee. Visitors are always welcome and are charged a small supplement.

For more information, please email aylesburycentrent@gmail.com, or call or message the Hon. Secretary on **07399 540626**.

Weston Turville Pre-School

(based in Weston Turville CE School)



Weston Turville Pre-School provides educational play in a stimulating and nurturing environment.

We currently have spaces for entry in **September 2023** for 3 and 4 year olds (children with dates of birth between 01/09/19 and 31/08/20).

For more information Contact Weston Turville CE School Office on 01296 613436 or email office@westonturville.bucks.sch.uk

The Parish Council has been working hard with many new projects being planned. As a team we work to give the best service and outcomes for parish and also lobby the Bucks Council where required. Our Bucks Councilor Michael Collins has been keeping us informed of developments in adjoining areas and also the effect of budget restrictions in the coming year. As a council we are mindful of the current events that are impacting costs and our Policy and Resources committee have worked hard with our Clerk to minimise the additional costs we are incurring with the aim of minimising an increase in our council tax. Our Planning and Highways committee have been busy with small applications and continue to put pressure on the County Highways team to resolve long outstanding issues of potholes and paths. Please make sure you contact your council about any concerns you may have and we will do our best to resolve matters where we can for you.

CLlr Martin Jarvis, Chair Weston Turville Parish Council

Consultation results

Thank you to all those who took the time to respond to the consultations in the last edition of the Weston Turville Times. The Parish Council reviewed the responses at its January meeting and agreed that:

- There will be no changes made to the memorial to the fallen plane with over 50% of respondents being of the opinion it was a suitable tribute.
- Quotes will be sought for the following new facilities to be installed at the recreation ground - outdoor gym equipment, table tennis table, solar lighting for the paths and planting additional trees. These projects will be funded from s106 funding and not from the parish precept.
- There was overwhelming support for a cafe facility at the village hall and recreation ground and the Council will be taking this project forward.
- The suggested locations for chat benches will be reviewed for their suitability before progressing this project.

Dog waste

Please bag dog waste and dispose of it in one of the bins around the parish or by taking it home and putting it in your green waste bin. We had received reports of dog waste being taken out of domestic bins and left by the roadside but have now confirmed with the Bucks Council waste team that dog waste can be disposed of in this way. If anyone experiences any issues when putting it in their green bin, please contact Bucks Council on 0300 131 6000, option 1 to report this.

Get Involved!

The Parish Council is organising several activities aimed at bringing together the community. There are Easter activities for children, who can grow the tallest sunflower competition and the introduction of a Weston Turville calendar featuring your photos from around the parish. Further information on these can be found in this magazine or posters will go up around the parish. Join us for a parish litter pick in May, date tbc and will be advertised on our website, Facebook page and noticeboards.

The monthly street food markets will resume on Good Friday – 7th April and will be held on the first Friday of each month. Come along for food and company! The hall will be open in case of inclement weather.

Village Hall Car Park

A provisional date of Saturday 4th March has been set for the parking spaces to be repainted in the village hall car park. The hall car park will therefore be closed in the morning to allow this work to take place. Please do not try to park there between 6am and 2pm.

Reminder This car park is for users of the village hall and recreation ground only. The school has an agreement with the Five Bells for parents and visitors to park in their car park rather than the village hall car park.

Rights of Way

With the warmer weather and longer days coming up, more people will be using the rights of way that cross our parish (see centre pages for a map). Please remember to stay on the right of way across fields, keep dogs under control, bag and bin dog waste and take your litter home. We have had reports of people straying from the official path across the field in the centre of the village – this field is privately owned and not common land, walkers should keep to the footpaths across the middle and keep dogs under close control.

The parish council will be working with other agencies this year to replace some stiles with swing gates to improve ease of access to rights of way.

Parish Council Meetings

All local residents are welcome to attend meetings of the council and its committees to observe and at the start of each meeting there is a chance for residents to raise any issues with the Council. The list of meeting dates can be found on the website or noticeboards. Meetings are held in either the Village Hall or the parish meeting room, adjacent to the hall. Please see our website for agenda details or contact the Clerk.

Email: clerk@westonturville-pc.gov.uk Tel: 01296 612838

Weston Turville Parish Council, Village Hall, School Approach, Weston Turville HP22 5RW

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Registered office: The Pace Centre Ltd, The Bradbury Campus, 156 Wendover Rd, Aylesbury, HP22 5TE | Company number 2707807 | Registered Charity No. 1011133

Time to get walking again!

With Spring on its way we start to think about getting out to walk in the beautiful English Countryside again, but where to find new and interesting walks?

Walking in Bucks <https://www.walkinginengland.co.uk/bucks> has loads of walks to download and print, free, it also has books of walks, details of all the walking groups in the county and much more. Whether you want to walk on your own or with a group all the information is there in one place.

John Harris (who maintains the website) said 'There is so much walking information on the web but it is difficult to find. Walking in Bucks (part of the Walking in England website) has brought it together in one place so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you'.

With walks from half a mile to twelve miles plus long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy. So home or away, check out the websites and get walking!

www.walkinginengland.co.uk
john@walkinginengland.co.uk

Weston Turville

Grow the tallest Sunflower Competition 2023



Be part of the village sunflower growing challenge. The competition will run from April 2023 to beginning of August 2023, with judging taking place on Saturday 12 August.

This year the Parish Council will be holding its first village sunflower growing competition for all Weston Turville residents to enter. We will provide two seeds to each person who enters the competition, seeds would need to personally be collected from the Parish Council office on 15th March at 3pm. All we ask is for you to email your progress photos to the Parish Clerk on clerk@westonturville-pc.gov.uk each month over the duration of the competition, and we will share your progress on our Facebook page, to see who can grow the tallest sunflower in the village. We will keep you posted on progress.

The winner will be the individual who grows the tallest sunflower and will receive a gift voucher and certificate. Should there be a tie-break, the prize will be shared.

Here are some hints and tips for growing your sunflower:

- ❖ April/May is a good time to plant your seed outside, once the chance of frost has passed.
- ❖ You can start your seeds inside earlier if you want, but you are more than likely to get larger flowers if you start them off outside.
- ❖ Your Sunflower seeds can be sown straight in to the ground where they are going to flower, so make sure the space you are going to sow them in is weed free.
- ❖ Sunflowers like to get between 6 to 8 hours of sun per day so make sure to plant them in the right place – to grow successfully.
- ❖ Ideally you need to rake the soil to a fine crumbly texture and make some drills 12mm deep. Leave a 10cm space between each seed if you are sewing more than one.
- ❖ Place the seed in carefully and cover with soil. Don't forget to water the seeds gently.
- ❖ Be careful as slugs and snails like to eat the new shoots. An idea would be to protect the seedlings by cutting the top and bottom off a plastic bottle and placing it over your seedlings.

- ❖ As your sunflower begins to grow, you will need to help support the stem, by placing a cane near the stem and loosely tying the cane to the plant with string.
- ❖ Watch your sunflower (hopefully) grow and grow and grow...

By entering the competition, you will hereby abide to the following rules:

- ❖ Only open to residents of Weston Turville.
- ❖ Only seeds provided by Weston Turville Parish Council can be used in this competition.
- ❖ Retain your seed package as proof of entry.
- ❖ The three tallest sunflowers will be visited by the judges to verify the height, participants must be available when the judges visit or risk forfeiting their entry.
- ❖ You will be notified and allocated a time slot for judging.
- ❖ The sunflower will be measured from soil point to the top of the flower head (if the head is droopy, it will be straightened so a proper full height can be measured).

Save the Date

WESTON TURVILLE PARISH COUNCIL
CORDIALLY INVITE YOU TO THE

Annual Parish Meeting

THUR | APRIL | 2023
20

AT THE VILLAGE HALL

TIME: 7.30PM

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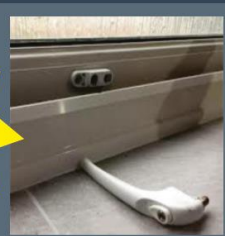
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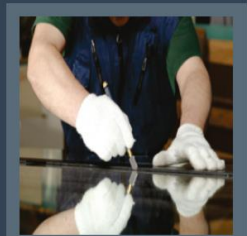
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Weston Turville Calendar 2024 competition

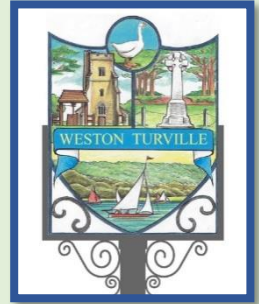
Weston Turville Parish Council are delighted to announce the first parish calendar competition. The 2024 calendar competition will help raise funds and awareness for a local charity.

The theme for the 2024 Calendar is 'Parish Beauty' in our community. *We would like to capture the most stunning images of Weston Turville Beauty for our 2024 Calendar and we need your help!*

The competition officially starts today. We are looking for a variety of images to cover all seasons. Photographs must be of Weston Turville, which could include our parks, green spaces, gardens, historic landmarks, events taking place or something else that the eye of the beholder sees interest and beauty in. Photograph images can be as creative as you would like, but they must be in landscape format and must not include people.

We invite anyone in the community to send ONE photograph image for each month to the Parish Clerk on clerk@westonturville-pc.gov.uk showing Weston Turville Beauty. We need 12 photograph images in total to make up the 12 months, with one photograph image being picked from the 12 chosen to adorn the front cover of the calendar.

So that we are able to capture Weston Turville each month, please find below the schedule for submitting your photograph image:



Submission Date	Photograph / image for the month
20 th March 2023	November 2022, December 2022, January 2023
3 rd April 2023	February 2023, March 2023
3 rd May 2023	April 2023
3 rd June 2023	May 2023
3 rd July 2023	June 2023
3 rd August 2023	July 2023
3 rd September 2023	August 2023
3 rd October 2023	September 2023
3 rd November 2023	October 2023

The Parish Council will choose a winning photograph of each month and the monthly winner will be announced on our social media page. The winning photograph for each month will feature in the charity calendar for that specific month, plus be used as possible images in the future edition of the Weston Turville times and our Facebook page.

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Halton Art



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Weston Turville u3a

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Although we have around 40 interest groups, varying from family history and flower arranging to folk music and food appreciation, it is our monthly general meetings that get most of our members together. These are normally held on the fourth Thursday afternoon of each month at Aylesbury Rugby Club in the village. Apart from an entertaining speaker, there is the opportunity to have a cup of tea and meet many of the group leaders. As always, prospective new members are welcome.

Our speakers for the next few months are:

- 23rd March *Flying Concorde (Gwyn Williams)*
- 27th April *The Sky at Night with a Laugh (Gordon Rogers)*
- 25th May *Walking the Beat to Nivana (Mervyn Edwards)*
- 22nd June *Wildlife Photography (Tom Way)*

Further details are on our website: www.wtu3a.org.uk

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WESTON TURVILLE HISTORICAL SOCIETY

For information and enquiries, contact:
secretary@WTHSoc.org.uk

Here we are well into 2023 and the Historical Society continues to flourish. The Society has been in existence for over 20 years, and we continue to get excellent speakers for our monthly meetings. We have had many new members sign up as well as previous members rejoining for the 2022/2023 season. If you have not come to any of our meetings, please come and join us the last Friday of each month in the Village Hall.

Attached is the list of meetings for the coming months up to and including May 2023. Tony Irvine is busy confirming speakers for September, October and November to include a talk on Windsor Castle and the Ghosts of Hampton Court. We are sure there are topics that will be of interest.

If you wish to join the society the fees are £5 for a family membership and £3 for a single membership and the meeting fee of £2 per member and £3 for non-members for the coming year. Doors open at 7:30pm and coffee/tea will be available.

For existing members and non-members, we can recommend that you have a look at our website, www.WTHSoc.org.uk. The site contains a great deal of information about the history of Weston Turville, copies of old postcards, links to other relevant historical sites etc.

Date for Weston Turville Historical Society Speaker Programme 2023

Date	Speaker	Title of Talk
March 31 st 2023	Towse Harrison	Science and Superstition – Medicine in the Roman Empire
April 28 th 2023	Helen Fry	The History of MI6 at Wilton Park - Beaconsfield
May 26 th 2023	Neil Rees	Subject to be confirmed
June 30 th	Dr Glynn White	Scenes from Weston Turville 100 years apart

Local History Books currently in Stock

School Memories a book of memories of school life collected from past pupils of the Old School in School Lane. Copies available at £7.50

Weston Turville A History a reprint of Hamish Eaton's definitive book first published in 1997. Copies available at £20.00 with a 20% discount for members

Memories of a Weston Turville Boy By Mick Dubberley; Copies available at £8.25

The History of the Church of St Mary the Virgin, Weston Turville By Glynn White; Copies available at £10.00

Weston Turville Reservoir By Tessa Taylor; Copies available at £10.00 (this is a new edition in A5 format)

Taking 10,000 steps a day

Can you really walk your way to fitness?

We are so fortunate in the Parish that we have numerous walking routes available.

We are continuously being advised that walking is beneficial to our health, physical activity does not need to be complicated. Something as simple as a daily walk can help you live a healthier life.

For example, regular walking can help you:

- Maintain a healthy weight and lose body fat
- Prevent or manage various health conditions
- Improve cardiovascular fitness
- Aid in reducing blood pressure
- Strengthen your bones and muscles
- Improve muscle endurance
- Increase energy levels
- Help improve your mood, cognition, memory and sleep
- Help your balance and coordination
- Strengthen immune system
- Reduce stress and tension

So now that Spring is nearing, the nights getting lighting, hopefully weather improving too. What's stopping you?

Bucks Council has information on rights of way across the county or take a look at the rights of way map for Weston Turville in the centre of this magazine and start your journey of discovery!





Canal & River Trust

Making life better by water

Discover

Weston Turville Reservoir

Surrounded by the lovely Buckinghamshire countryside, Weston Turville Reservoir is a wonderful oasis of water, woods and wildlife. Just the place for family walks and budding nature detectives!



Little adventures on your doorstep



Map not to scale: covers approx 0.5 miles/0.8km



Weston Turville Reservoir is managed by Bucks, Berks & Oxon Wildlife Trust (BBOWT)

STAY SAFE:
Stay Away From the Edge

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Answers to crossword on page 29

Down

- | | |
|--------------|------------|
| 1. Hippo | 2. Deer |
| 3. Zebra | 5. Toucan |
| 7. Owl | 10. Badger |
| 12. Anteater | 14. Camel |
| 15. Lion | 17. Rhino |
| 18. Fox | |

Across

- | | |
|---------------|--------------|
| 4. Elephant | 6. Monkey |
| 8. Bear | 9. Squirrel |
| 11. Yak | 13. Jaguar |
| 14. Chameleon | 16. Giraffe |
| 19. Penguin | 20. Hedgehog |

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The WI is the largest voluntary women's organisation in the UK. It plays a unique role in supporting and enabling women of all ages to meet in the local area, develop new skills and share ideas. There is also the opportunity to discuss issues that matter both on a national and local level. How much you get involved is entirely up to each person.

The Weston Turville WI branch welcomes women of all ages and backgrounds to our friendly local group. For further information, please contact westonturvillewi@gmail.com



**Join us at Jubilee Park
Behind the Village Hall
School Approach
Weston Turville HP22 5RW
on Tuesday 4th April
10.30am - 12.30pm**

**All children please bring a parent or guardian
with you**

**Join us for an
Easter Egg
hunt**



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About Weston Turville Wells for Tanzania

So many of you in Weston Turville have been incredibly encouraging and generous in your support of our work in Tanzania, making it possible.

We started helping with wells and then pipes after our first visit when we found the local streams had dried up, due to climate change, and the people were having to drink water from filthy puddles. We went on to support education, which has been wonderful in breaking the cycle of poverty for those fortunate enough to get it.

Another great poverty breaker has been the microfinance loans for women. With incredible ingenuity these women put their small loans into small businesses which bring in a regular income for their families and often a newfound respect of their husbands and the community.

Sadly the extent of the poverty there is still great. Yesterday I had a message about the death of 2 children, swollen from malnutrition, their little bodies gave up. Their mothers too have swelling from severe anaemia. We are not reaching them all. Our hope is that one day they will all have food security and poverty will be behind them. Until then we go on and raise more funds from our Barn Dance, do come along!

If you can't make the dance you can still buy raffle tickets or make a donation. Please contact Rachel Blackmore to purchase tickets or make a donation.

racheljblackmore@gmail.com www.wellsfortanzania.org

New year, new challenge

Florence Nightingale Hospice are looking for people to take on a challenge and help them be there for more patients this year. Whether you are looking to test your physical limits or set a personal goal, take on an exhilarating experience or journey across the world on a once-in-a-lifetime trip, the charity is there to support you to make the most of the challenge.



“There’s only one feeling better than that of completing a challenge. And that’s completing a challenge for charity and raising much-needed funds for a local charity, who supports people you know and love.” says Bill Richards, Fundraising Officer at the charity. “We have some really exciting challenges planned over the next year for people to join, or can help you design your own challenge and support you with your fundraising.”

With a growing and ageing population, the charity know that the number of patients across Buckinghamshire and its borders who could benefit from specialist care is going to increase rapidly and are determined to be there to support everyone who needs them.

Helen, a Day Hospice patient says, “Until I needed palliative care, I hadn’t realised how much Florence Nightingale Hospice relied on charitable funding. I am incredibly thankful for those who donate and undertake fundraising activities.”

The charity has dates coming up to take part in an adrenaline filled skydive or train for a once in a lifetime experience by trekking across the Saharan Desert next year. Some supporters prefer to take on their own challenges, in previous years these have included headshaves, pub crawls and egg and spoon races!

Sisters Paula & Fiona are taking on The Conqueror’s Lord of the Rings virtual challenge in aid of Florence Nightingale Hospice Charity, aiming to walk over 1800 miles with their much-loved dogs Buzz and Zoe. Already, just a few days into the New Year, they have clocked up 25 miles! Paula tells us “We like to do a challenge each year for Florence Nightingale Hospice Charity, which has always been close to our hearts – we have had a number of friends who have been looked after by the amazing team. We are so fortunate to have such an excellent facility locally, but like all charities they rely on donations to survive. We are pleased to be able to help in some small way”.

Visit www.fnhospice.org.uk/challenge to start planning your next adventure, or you can email fundraising@fnhospice.org.uk or call 01296 429975 Whatever you chose to do, Florence Nightingale Hospice Charity will be very grateful for your support in 2023 and beyond.



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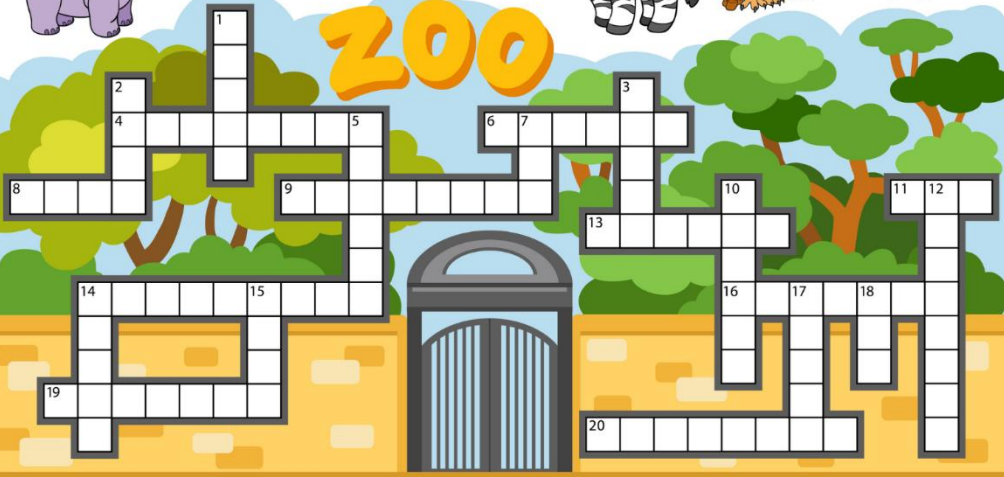


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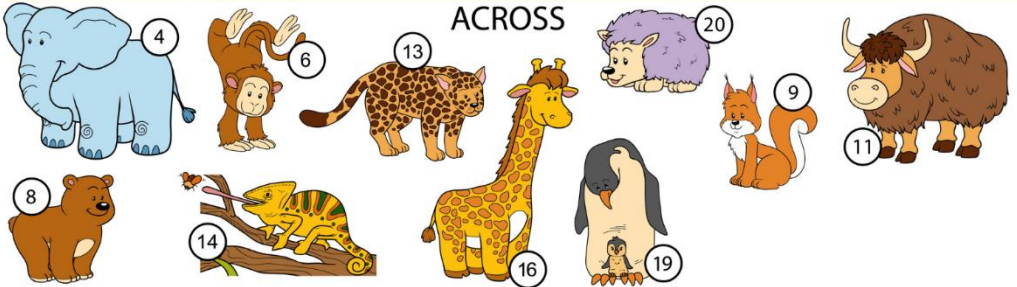
DOWN



ZOO



ACROSS



ANSWERS ON PAGE 19

St Mary's Church

Spring Cleaning



I am looking forward to enjoying spring. Hopefully warm weather, and, of course, the plants will begin to sprout. The natural world around us springs into life; nature wakes up.

Many of us will also enjoy spring cleaning. Chucking out the stuff we no longer need or use. We can open the doors and windows and give the house a good clean.

The season of Lent is also a spring cleaning time. Ash Wednesday will be on Wednesday, 22 February. There will be a Eucharist (Holy Communion Service) and the Imposition of Ashes at 11: 00 am. in the Church. We use the ash (from previous palm crosses) to mark a cross on our foreheads. Ash Wednesday marks the beginning of the season of Lent. Christians turn their attention to events leading up to Jesus' crucifixion (Good Friday) and Resurrection (Easter Day) and keep Lent as a season of penitence. We are called to repent which means turning back to God. So we have an inner spring clean; a time to confess our sins past and pray for a deeper communion with God in the future. It is a time to reflect on our lives, re-align our priorities and to look forward to a cleaner and better life.

Enjoy the cleaning - Fr. David.

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St Mary's Weston Turville Improving Facilities Team, SWIFT

The Oak Room@ St Mary's

The SWIFT sale of unwanted Christmas presents in January was a great success. Over £200 was raised and much cake consumed by those present. Thanks to all who supported this popular annual event.

The Baby-play group, now baby and toddlers as founder members are growing up, is going from strength to strength. They meet on 2nd and 4th Tuesday mornings between 10am and 12 noon - come any time. Any interested parents please contact Revd Susan on 01296 424982. Our third Sunday service at 11.30 am for families with small children and the Explorers club for primary-aged children on Wednesdays from 3.30 to 4.30pm are also flourishing. We now have a second art group, meeting weekly, as well as the monthly one. If anybody would like more details of these please contact me and I will put them in touch with the organisers.

Just to remind you, the meeting room will accommodate about 35 people seated, plus a committee table, for a meeting; 6 tables of four for a chess, bridge, etc event; 7 large tables for a sale or display; or a classroom set-up with 6 large tables and 30 chairs. A children's party or small reception is another option. It is comfortable, easy and economical to heat and has the luxury of modern toilets, one accessible and with baby-changing facilities, which are proving to be very popular. The level access is helpful for the baby buggies as well as wheelchairs. If you wish to discuss the possibility of using the room please contact Clare Chamberlain on 07596 997339.

We are very close to covering costs now and need about £5,000 for remaining costs and to repay a small loan. If you are able to help, please send donations to the Rectory, Church Walk, Weston Turville, HP22 5SH or to me Roger Fellows, 65 Craigwell Avenue, Aylesbury, HP21 7AG. Cheques should be payable to "PCC Weston Turville, SWIFT". Transfers to "PCC Weston Turville SWIFT" at NatWest, 60-01-31, account 51685922 or online to www.goldengiving.com/wall/swift are also welcome. Please use gift aid to increase your donation by 25% at no additional cost to yourself, if you are a UK taxpayer.

Roger Fellows, 01296 424982

Yoghurt Cake

1 pot yoghurt [125g]
3 pots self-raising flour
1 pot sugar

½ pot vegetable oil

3 eggs

2 grapefruit or oranges or strawberries or peaches or apricots or bananas

- Preheat oven to 180°C/160°C fan/350°F/Gas 4
- Put yoghurt, flour, sugar, oil + eggs into a mixing bowl – use the yoghurt pot to measure the ingredients.
- Mix to combine, then add the zest from the grapefruit / orange if you have used these.
- Peel grapefruit / orange, whatever you have used, chop flesh into small pieces and add to batter and mix.
- Pour batter into a lightly greased 900g loaf tin and bake for 40 – 50 minutes.
- Cool and tuck in!

Sian Lorrimer

Hints and Tips to reduce food waste

We are all trying to be less wasteful and use everything – particularly with our fruit + veg – here are a few ideas to help:

Veg-Peel Powder

Carrot peelings / onion and garlic skins. Lay the peel / skins on a baking tray and pop them into the oven on the lowest setting for a few hours, or if you've been using the oven, pop them in after you've finished cooking and leave for ages. Set aside and let them cool. Blitz to a powder and add salt or chilli flakes to make your own seasoning.

Sauce

Veg odds and ends – carrot tops / spring onion tops / celery leaves

Heat some olive oil in a big pan and add the odds and ends and fry for a few minutes until they start to turn soft. Add some sliced garlic cloves and two tins of tomatoes [800g]. Bring to the boil then simmer and let it bubble away for ~30 mins. Blitz into a smooth sauce – great with pasta.

Stock

Vegetable peelings – chuck into a pan with a bay leaf and some peppercorns – add water to cover everything. Bring to the boil then reduce to a simmer for ~30 minutes. Strain then rapidly boil the liquid to reduce the volume which will intensify the flavour – freeze until you need it.

Vegetable fruit crisps

Use vegetable and fruit peelings – potatoes, carrots, apples etc. Preheat oven to 200°C/180°C fan/400°F/Gas 6. Mix the peelings with a little olive oil and season with salt. Lay them on a baking tray and pop them in the oven ~15 minutes – give them a shake halfway through cooking. They will keep for 1 – 2 days if you can resist them that long!

H.O.P.E Foodbank



Hi everyone. For the last couple of years we have been running the H.O.P.E foodbank collection in the village which stands for Helping Other People Eat. We collect food and hygiene product donations from around the village via 3 collection points - outside 4 Flaxen Field (Off Bates Lane), 22 Church Lane and 32 School Lane. The donations all go the Aylesbury Vineyard Storehouse which serves families in need to help to eat in Aylesbury and surrounds.

With the current cost of living crisis there are more people than ever in need including those already on the front line of our various public services. So if you can help with small regular contributions we'd really appreciate it.

The types of donations we want are tins, packets, bags, bottles, cartons and jars but it needs to be unopened. Things in particular demand are UHT milk, tinned meats and fish, cereals, tinned fruit and veg, jam, shower gel/ shampoo/ toothpaste, rice pudding and custard.

We sometimes do particular collection drives such as around Christmas and Easter but it's the regular donations which are really critical. So if you can remember to put whatever extra you can in your shopping trolley or delivery order for the H.O.P.E collection each a lot of families will be very grateful.

Thanks to all of you who have donated either regularly or occasionally over the last 2 years. Our village has already made a great contribution to the Storehouse so we'd love to for that to continue and invite any new people to join us with our mission to support our neighbours who are experiencing harder times.

If you'd like to know more or if you want to get involved by making your house an additional collection point please let us know.

Thanks everyone
Miriam Kenrick, Kirsty Beswick and Penny Gudge



aylesbury vineyard
STOREHOUSE

Food donations this week:

- UHT Milk - semi skimmed or whole
- Small bags of rice (500g)
- Tinned Potatoes
- Instant Noodles
- Chilli/Stew/Curry/Casseroles
- Biscuits

(No Pasta please)

What's on in your local area

March

4 th	Village Hall Car park closed for white lining (provisional date)
9 th	Parish Council Planning Committee, 7pm
15 th	Collect your sunflower seeds from the Parish Office at 3pm
16 th	Parish Council meeting, 7pm
25 th March	Barn Dance at Weston Turville Village Hall
31 st	Weston Turville Historical Society at the Village Hall

April

4 th	Build a Bug Hotel and Easter Egg Hunt at the Recreation ground, behind the village hall
7 th	6pm Street Food Night at the Village Hall
13 th	Parish Council Planning Committee, 7pm
20 th	Parish Council meeting, 7pm
	Annual Parish Meeting 7.30pm
28 th	Weston Turville Historical Society at the Village Hall

May

5 th	6pm Street Food Night at the Village Hall
11 th	Parish Council Planning Committee, 7pm
18 th	Annual Meeting of the Parish Council meeting, 7pm
26 th	Weston Turville Historical Society at the Village Hall

Regular Events

- Mondays 1.30 – 3.30pm – Coffee Van at Jubilee Park (behind the Village Hall)
- Second Saturday monthly – Repair Café, St Michael's Church, Aston Clinton 9am - 12noon
- First Friday of each month, 6pm – 9pm – Street Food Night at the Village Hall

Future date for your diary

August 14th and 23rd - Play Session at the Recreation Ground – free activities for children

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Climate change around the world



Evidence of climate change is not just on our doorstep. In many areas of the world people and wildlife have been suffering the effects of climate change for decades. Even as we write the worst drought to hit the Horn of Africa in four decades has led to many communities experiencing unprecedented levels of food shortage, spurring an emergency across the Horn of Africa, including, Kenya, Ethiopia, and Somalia affecting more than

37 million people. Across East Africa, we are seeing that people who did the least to cause climate change are suffering the most from its effects.

Visiting Cape Verde this January, as I do every year, I was intrigued to know what were these strange holes in the sand with activity all around. Speaking to a “Turtle Ranger“ patrolling the beach, he informed me that Leatherback turtles come on to the beach between July and October every year to lay their eggs, with Rangers always on patrol throughout this period to move the eggs into the hatchery to protect them from predators such as crabs and dogs. When the eggs have hatched and are strong enough they are taken to the shore line and seen safely on their way. This period also gives the rangers the opportunity to do a turtle count. Unfortunately the weather has been so warm this winter, creating conditions perfect for the turtles to come ashore early, arriving as early as December. The ranger stated that because looking after turtles is seasonal work they were not ready, resulting in many eggs and turtles lost. However Rangers will now be employed to patrol throughout the year in future.

The enthusiasm from the Rangers in protecting the turtles and the environment and informing tourists visiting is commendable.



Evidence of crabs trying to get the eggs



Sand dunes – a Turtles paradise

Cape Verde has the third-largest population of nesting Loggerhead turtles in the world, which makes it perfect for turtle watching. Most nest on the islands between July and October, and August is the main month for observations. Even if you visit when the baby turtles have already hatched, you can still find remaining sand holes & empty eggshells along the beaches. The leatherback turtle (*Dermochelys Coriacea*) is the largest sea turtle in the world.

Do you have an interesting story to tell about climate change whilst on your travels, why not share your story. At the same time as we learn from our travels, we need to acknowledge that the carbon emissions from the travel itself is part of the problem causing the climate change which is heating our planet and affecting the turtles and all other life on Earth.

George

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WHO TO REPORT ISSUES TO

Antisocial behaviour	<p>999 - to report a crime in progress</p> <p>101 – to report a crime after the fact</p> <p>01296 383962 Mon-Fri or 0800 999 7677 evenings or weekends – to report concerns about children to Social Services First Response</p> <p>01296 585858 – to report antisocial behaviour to Buckinghamshire Council</p>
Dog bins (full or damaged)	Buckinghamshire Council - 01296 585858 (please quote the bin reference number eg AV123 which is on each bin)
Environmental Health issues	Buckinghamshire Council - 01296 585858
Fly Tipping	Buckinghamshire Council - 01296 585858
Highways and Rights of Way	Transport for Bucks – 01296 395000 Or www.fixmystreet.buckscc.gov.uk/
Housing and Benefits	0300 131 6000
Litter – missed bin collections, overflowing public litter bins	Buckinghamshire Council - 01296 585858
Park and recreation ground	Parish Council – 01296 612838
Planning matters, including enforcement	Buckinghamshire Council - 01296 585858
Street furniture, eg benches, bins, bus shelters, noticeboards	Parish Council – 01296 612838
Streetlights located in Hampden Hall, A413 or A41	Transport for Bucks – 01296 395000 Or report online via www.fixmystreet.buckscc.gov.uk/
Streetlights located in Weston Turville village	Parish Council – 01296 612838
Village Hall	Parish Council – 01296 612838
Water leaks	Thames Water – 0800 714 614

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